

Strangford College - Supporting, Promoting and Sharing Kindness

<u>Subject</u>	<u>Theme</u>
Drama	<ul style="list-style-type: none">• When we were giving feedback to groups, after they had performed, we gave positive kind praise.• Some students were given a sweet.• Year 14 helped each other to block their audition pieces + gave positive praise/support.• Year 8 acted out short improvisations based on the theme of kindness.

RE

- The RE department have been discussing homelessness with the students in class and making them aware of homelessness in Northern Ireland. We made Blessing Bags to distribute to the homeless over the festive period. At present we have 140 Blessing Bags. Students and families helped in production lines to create the bags, as well as bringing in donations and also created Blessing Bags at home.
- We also practised positive, kind feedback on each others work.

Art & Design

- In the Art department, we encouraged all Junior School students to say a kind thing about their neighbours work and leave a little post it note with a compliment on it for a member of their class.
- On Thursday we attended the Royal Ulster Academy Exhibition and Ulster Museum with St Columba's School Portaferry and set up joint workshop activities encouraging students to mix and make friends with members from the other school.
- Mrs Milligan brought in a gift basket and treated all the art department staff with a little gift.
- Mrs Beattie made her Sixth form students a nice cup of tea.

History

Year 8 and 9 classes explored 5 small acts of kindness that changed the world, for example Christmas truce between French, British and German troops 1914, Princess Diana shaking the hand of a man with Aids, actions of Mother Teresa, actions of Harold Lowe who manned the only lifeboat to return to the Titanic and the creation of the Anthony Nolan Trust.

Geography

Year 8 assembly considering the following aspects of kindness:

- Definition - kindness includes being friendly, generous and considerate
- Reasons for being kind - scientifically researched by psychologists, eg its positive effect on the brain, releasing endorphins, and evidence of increased longevity
- Explanation of the purpose of kindness week - to promote kindness in society
- Famous examples of 19th century philanthropists who were kind - George Cadbury (kind to his employees) and Dr Barnardo (kind to neglected and abandoned children) and their legacies (Bourneville, voted the best place to live in Britain, and Barnardo's charity, the largest charity for children and young people)
- Examples of how we can be kind to each other
- Thought for the week: the kindness of God in giving his Son that we would 'not perish' (John ch 3 v 16)

Year 10:

- Environmental Sustainability = kindness to the environment
- Examples included: coral reefs, sand dune systems and tropical rainforests
- Also we as individuals can show respect to and conserve our local environment

MFL	<p>Students in some French classes completed a letter in French and gave it to a teacher of their choosing with a choc treat for break time to show their appreciation for all the hard work their teachers do. 😊 La semaine de gentillesse.</p>
English	<p>Students got to play Jenga to develop their teamwork skills - team members were helpful to each other and had fun. They got chocolate while doing this. We also had group discussions about how we treat the homeless, to encourage kindness.</p> <p>A Yr9 English class are studying "The Boy in the Striped Pyjamas". Today, they discussed the treatment of the Jews during the Nazi regime. Some of the students asked if there anyone still alive from WWII and they briefly discussed a well known holocaust survivor Eva Mozes Korr - who puts forward the idea of kindness and forgiveness. For homework, the students are writing a letter to Eva and how her bravery has inspired them to be kind. We hope to send these on to her.</p>

HE	<p>The HE department have provided hospitality for various members of staff who we would not normally see on a daily basis. Child Development class brought a small gift to express appreciation for guidance so far with controlled assessment. Students have been providing feedback to fellow students in a thoughtful and considerable manner.</p> <p>Students have been sharing and swapping recipes in the department (some from parents and grandparents)</p>
Music	<p>Working in pairs and small groups, helping and encouraging each other with the tasks.</p>
Maths	<p>Gave the class a chocolate each for concentrating well in Maths.</p> <p>Stopped Y10 lessons a bit early to finish with a 'Scattegories' quiz with edible prizes.</p>
Science	<p>Bought chocolate cake for the department, chocolate for our two cleaning ladies and some of our classes.</p>
T & D	<p>Bought Pain au Chocolate for the office staff.</p> <p>Gave my form class all a cookie and watched a video in form class about acts of kindness.</p>
PE	<p>In PE we discussed showing kindness in sporting situations e.g. showing good sportsmanship and examples of this in competitions and events. We awarded double achievement points for commitment to extra-curricular sporting clubs.</p> <p>We brought in chocolate for students and staff in the office.</p>

Form time

8N - We had a Friday Fry Day where students were treated to sausage and bacon butties and chocolate milk in form time. We also had a secret name draw and each member of the form class did something kind for someone else, brought them a chocolate treat or said a kind word. Our pastoral time focused on being kind to each other in the class, in person and online through social media. Year 9 JPV had breakfast together provided by their form tutor 9R brought in a chocolate bar and shared with their peers. Hot chocolate was provided for students to drink as well.

11T - Everyone drew a name out of the bag and tried to complete an act of kindness towards that person. I heard lots of compliments being given! I wrote a poem for one Y11 Teaching Assistant, a letter for another TA and treated a very special Y11 TA to her Friday night bottle of wine (to be had at home obviously!) Mrs M, Year Head, treated all the Y11 form tutors and TAs to a little gift.

12S - chocolate sweet for each student and students made out certificates to award to members of staff in recognition of something positive.

9S have been drawing a class portrait with kind words about each other written around each person.

This morning our Yr 9 students were treated to a hot chocolate morning in the canteen by their form team. Yr 10 also enjoyed the treat earlier in the week.

Other ways to promote kindness across the College

The sixth form pastoral team contributed to making a hamper of goodies for the sixth form common room. This substantial hamper was presented to the students along with a wee thank you card, thanking them for all making our jobs so enjoyable.

Mrs Cameron wrote lovely, positive, personal letters to staff members.

A lovely hamper of toiletries was left in the ladies bathroom with a kind poem. All female staff were encouraged to help themselves to the products.

The school was flooded with kindness quotes on every door and corridor to remind us all to be kind and thoughtful.

Our Anti-bullying Ambassadors met to plan celebrations and assemblies for Anti-Bullying Week on the theme of 'Respect'.

The Well-Being Committee treated staff to a lovely selection of tray bakes and fruit at break time as well as a prize draw!

Our Yr 11 students enjoyed a trip to the Royal Ulster Academy, Ulster Museum and Botanic Gardens admiring and appreciating the art on offer and to glean ideas for an exciting print workshop through our Shared Education Programme.

Students also opened their inboxes to a kind email from Mrs Foster. (Principal)

Evidence





