

Kindness Week in Strangford Integrated College

2025 Evidence



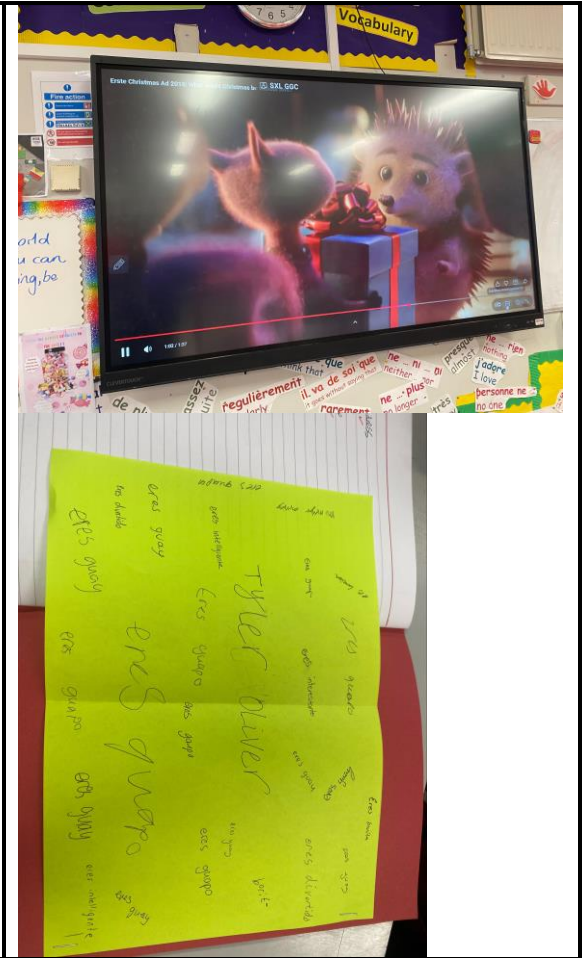
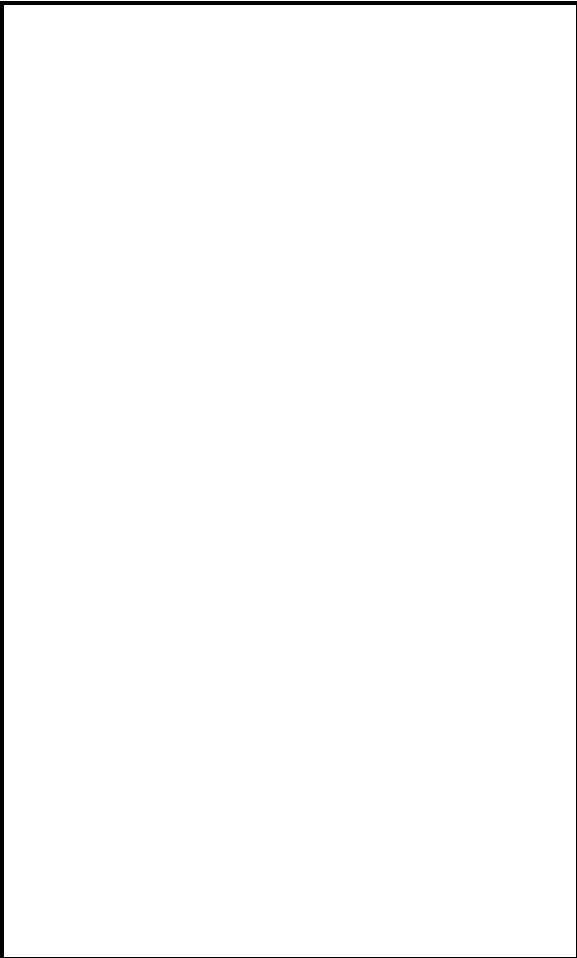
Subjects

<u>Subject</u>	<u>Kindness activity</u>	<u>Detail of activity and photographic evidence</u>
Technology	Random acts of kindness cards	6 pupils in each class are given laminated cards with a prompt to carry out a random act of kindness towards someone they may not normally spend time within their class. Examples include actively going out of their way to help others with practical work, paying people compliments etc.
	Wednesday Tea and Buns	Tea and buns with our 6 th form pupils on a Wednesday afternoon.

IT	Tea and Coffee	Mr. Ferdowsian, served his sixth form of students in complimentary Tea and Coffee.
Home Economics	Breakfast Invitation	The dept invited Mr Forbes (newest member of staff) to join them for a cooked breakfast on Thursday. Year 10 students were able to share their pizza cooked with their peers in class
Public Services	End of Unit sweets	As a reward for completing the first unit, Year 12 Public Services had a sweet treat.
Business	Christmas Advert Quiz	All classes took part in the Christmas advert quiz with prizes for the winners.
English	End of S&L Treats	Year 12 did such a good job completing their Speaking and Listening unit, so KBL treated her class to chocolate to celebrate.
CSID – Withdrawal support group	The Big Heart Bonfire – Mindfulness Activity	Mrs Hawe's Students from year 8/9 withdrawal groups partook in a digital fireside regulation and mindfulness activity followed by a discussion and worksheet on strategies to be kinder to

		ourselves and others. 
Religious Studies	Looking at kindness in Acts and Pauls' letters	Students reflected on the kindness of the character Peter in Acts and explored if Paul's teachings in his letters were kind or harsh. All students enjoyed a Kit Kat in their break in their lesson. The class returned the kindness by bringing some baked goods for Mrs McBride
History	Ballot tickets	Students were given a ballot ticket for a good answer / piece of work etc. Ballot tickets were drawn and small selection of prizes given out.
Drama	Improvisation	Improv – the Senior students played 'Imposter' Year 9 – Students gave each other Kind positive feedback for their Radio Programme

		Year 10 will take part in Kindness improves next week as this week they were finishing Tracker plays
Modern Languages	Lots of activities focusing on kindness	NDR Positive affirmation poster for each student in Spanish year 10 Year 12 Spanish breakfast Year 13 treats in class and positive affirmations in Spanish SAN year 11 and 12 treats SAN cards and present to department Department provided break for the office staff. SAN sent Hedgehog video https://youtu.be/lcx7hBWeULM?si=VzggM4CG4cmEe4RA To all staff to see if they could use it for discussion SAN sends weekly quiz to all staff for use with their form classes.



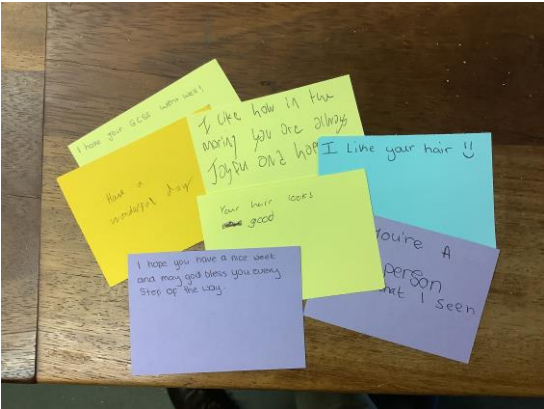
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Music	Helping each other with keywords	Those who knew how to play the melody/task went round helping others who were struggling

Year Groups

<u>Year group</u>	<u>Kindness activity</u>	<u>Detail of activity and photographic evidence</u>
Year 8	8TBL 8ADN – “Filled a bucket” of kindness	8TBL took part in a wide range of ‘kind’ activities including: one student organising a class Secret Santa; students giving each other sweets; one student lent the TLA a book and gave her chocolate; lots helped at home with chores; and 3 large bags of goodies were collected from the class for Storehouse.

		8ADN – Completed a bucket worksheet focusing on ways they can be kind both at home and in school . 
Year 10	Thank you cards	Some students in Year 10 are giving teaching assistants in their split classes a thank you note. 10SAN Hedgehog Video and discussion with hot chocolate and caterpillar cake. Assembly words of kindness from form class to form teachers.

Year 11	Random acts of kindness bingo	Random acts of kindness picked from an envelope and acted out during rue school day.
	Form class – Random thoughts of kindness	Positive affirmations for another member of the form class chosen at random. 
Sixth Form	Random of Acts of Kindness Kindness Cards Kindness Quiz	Students in 13CJ & 13 RR wrote a random act of kindness on a post it note. Each drew one randomly and then were expected to follow it. 13CJ were given chocolates after a week of perfect uniform. Given out in study for students to write a short expression of thanks to a member of staff and deliver to them throughout the week Students took part in a Kindness Quiz about the benefits of being kind with achievement points for the winners.

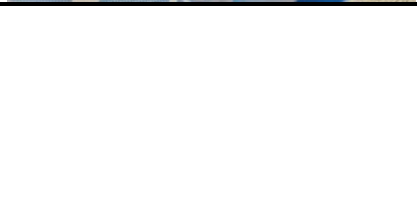
Other groups/clubs in the College

<u>Group/Club</u>	<u>Kindness activity</u>	<u>Detail of activity and photographic evidence</u>
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Lego Club	Using Lego bricks, design and build a word that promotes positivity and kindness. Lego prize up for grabs.	 A poster for the Lego Club Kindness Week Challenge. The poster features a blue border decorated with colorful Lego bricks. At the top, it says 'LEGO Club' in a stylized font, followed by 'KINDNESS WEEK CHALLENGE'. The word 'KIND' is prominently displayed in large, colorful Lego bricks. Below this, it lists the schedule: 'Tuesday Junior Lunch RM 35' and 'Wednesday After School'. The challenge instructions are: 'USE LEGO BRICKS TO BUILD A WORD THAT SPREADS KINDNESS, POSITIVITY AND FRIENDSHIP'. At the bottom, it states: 'Students will be entered into a draw to win a small LEGO prize next week'.
Remembrance Assembly	In our Remembrance Assemblies, we took some time to acknowledge and appreciate the sacrifice of men and women from World War One to more recent conflicts. This year's assembly focused on the 80th anniversary of the end of World War Two and the 110th anniversary of the battles of Gallipoli and Loos in World War One.	 A group photo of the assembly participants and organizers. There are about 15 people, including students in school uniforms and adults in formal attire, standing on a stage. Behind them is a large screen displaying a red poppy and the text 'WE WILL REMEMBER'. To the right, there is a small wooden podium with a sign that reads 'STANSTON COLLEGE'.

House Tuck Shop	Helping to raise awareness of Anti-Bullying Week and raise money for Children in Need	
Annual Shoebox appeal	The Ethos Committee and School Council have been busy packing shoeboxes for the Shoebox Appeal. Thanks to the generosity of so many families in our school community 66 boxes are now on their way for distribution to children across the world.	
Past student success	We were delighted our past student, Andrew Hamilton, who had success in the enterprise world; having launched a public affairs startup in September. He was nominated and subsequently shortlisted as a finalist for "young person of the year" award at the Northern Ireland social enterprise industry awards.	

	He attended a gala dinner followed by the awards ceremony and won the award, against 9 other finalists!	
Lingo Land	Students in Lingo Land learnt about the history of chocolate in Latin America and enjoyed a sweet treat with a chocolate fountain and marshmallows.	
Guess the sweeties in the jar	To help raise money for Children in Need, we ran a guess how many sweets are in the jar. Ms Currid was our winner.	 A photograph showing two women in a classroom. The woman on the left, wearing a black top and grey skirt, is holding a large jar of 'Popsicle' brand sweets. The woman on the right, wearing a maroon school jacket, is also holding the jar. They are both smiling. The background shows classroom posters and a whiteboard.

Our Directed Time session Tuesday had a focus on well-being.	Our Directed Time session Tuesday had a focus on well-being. We invited the EA Being Well, Doing Well programme to lead training in this area. All staff were treated to a chocolate treat in the afternoon whilst the training took place.	
Outreach to our partner primary schools	As part of our outreach to our partner primary schools, we offered them then chance for free tickets to come and see our school production 'The Addams Family, A new Musical' in December.	
Kindness Week Foodbank donation	We donated over 2000 items to our local foodbank who will use our donations to make hampers for families this Christmas.	

Anti-Bullying Week

Using our 'POWER FOR GOOD'

This Anti-Bullying week we have been very busy promoting the national anti-bullying message for 2025 – **Power for Good** Our Anti-bullying ambassadors led whole school assemblies where they called upon us all to use our **Power for Good** – highlighting our Anti-bullying focus to be an Upstander and not a Bystander. This week we also trained 12 new ambassadors across years 10 and 11 to join our team.

On Friday, the Anti-bullying Ambassadors and the Mental Health Ambassadors completed accredited training with TAMHI on dealing with Adolescent Mental Health and Anti-bullying and they delivered a workshop to a year 8 class. On Thursday and Friday, the Ambassadors joined forces with the House captains to run an event in the assembly hall calling upon our students to use their **Power for Good** and to show kindness, during this Kindness week, by raising money for Children in Need. With some music, dancing, positive messages and House themed tuck shops, we raised lots of money for Children in Need.

We are so proud of our Anti-bullying Ambassadors and the student body for their work in promoting our Anti-Bullying ethos this week and look forward to seeing



what they have in store throughout this academic year.

