



Northern House School

PRU

## Kindness accreditation

At Northern House we promote kindness from the moment pupils walk through the door to the moment they go home through our whole school ethos.

**Kindness tokens** – Kindness tokens are given to pupils by any adult in the PRU for acts of kindness. This can be from helping another pupil, holding the door open for someone, helping our lunchtime supervisor tidy away or just simply saying something nice. They are then given a kindness token with their name on and why they received it. These are then read out in our celebration assembly and prizes are awarded for to the person in each class who has earned the most that week.

We also have boxes in base for pupils to write each other kindness tokens, these are then shared with each other.

**Curriculum** – Every child at the PRU has their own SEMH intervention programme which focuses around building relationships, how to be a good friend, raising self-esteem to name just a few.

We have baked biscuits and cakes to share them with someone, with a note of why we think they deserve it.

In PSHE we wrote post it notes for everyone in the PRU saying something we like about them, this seemed to brighten up everyone's day. This kind of work is done regularly.

For our creative curriculum we often focus on different topics such as anti-bullying, friendships, kindness day this is done as a whole school approach where everyone does the same thing on that day.

We use assemblies to raise awareness of different topics, special days such as anti-bullying, Genes for jeans day, National kindness day just to name a few.

Our celebration assemblies every Friday are where we celebrate acts of kindness for that week, the head teacher reads kindness tokens out to share with the whole school and each pupil is congratulated and celebrated.

We also look at stories in our Literacy and RE lessons which focus on acts kindness. One most recent ones we have looked are the good Samaritan and story of the animals of the zodiac.

**Community** – We work very hard to make strong links to our local and wider community. We have made several collections and donations to our local soap kitchen who help struggling families and the homeless by cooking warm meals and

providing food parcels. We are currently collecting Easter eggs to donate as a little treat to those who need it most.

We have also done a project with our local community centre by going down to do some gardening maintenance and helping to build some raised flower beds to improve the look of the surrounding area.

We regularly hold charity days for McMillian, Compton Hospice, Children in Need, Red Nose day, Save the children etc.

We are also lucky enough to have regular visits from the NSPCC and west midlands police who hold workshops to talk about bullying. They teach us about why being kind and a good friend is so important.

**Caring table** – After break times children are invited to share fruit and milk this is done around the caring table. This promotes good listening, taking it in turns to talk and an opportunity to share anything they want with their class mates.

**Pets as Therapy** – At Northern House PRU we are lucky enough to have our very own Pets as therapy dog Betty, alone with two school tortoises.

We also get the living eggs come to hatch some baby chicks.

As part of this the pupils learn how to care for and look after these animals. Pupils learn about the importance of being a good animal carer and commitment this entails. Part of this is to use kind hands and kind voices.

## Supporting Evidence

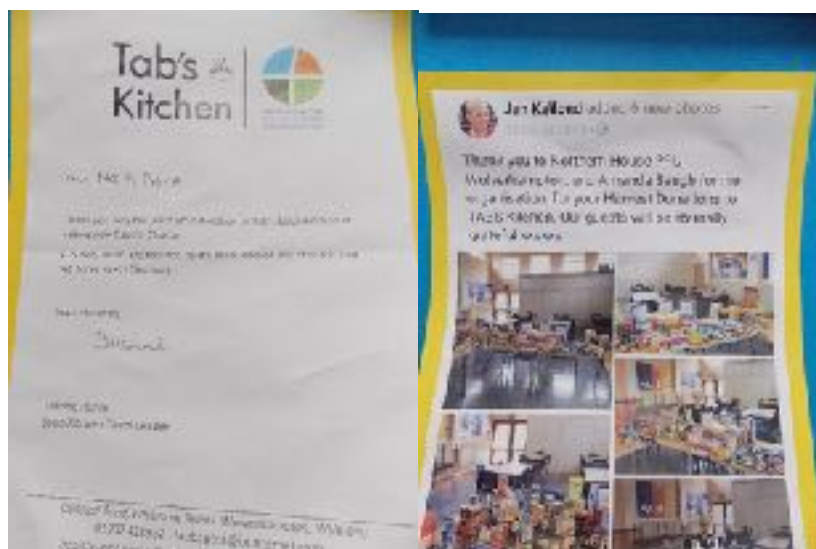


Letters from a class who had shared their cookies to spread a bit of happiness. They wrote down why they thought that person deserved a cookie. This simple act of kindness brightened up everyone's day.

These are the posters that are displayed around the school promoting our kindness tokens. Every staff member from the office to the dinner lady has kindness tokens to hand out to children.



Here is a thank you note from our local soap kitchen for our donations we made. We are currently collecting Easter eggs for families in the local community that may not get any this Easter.

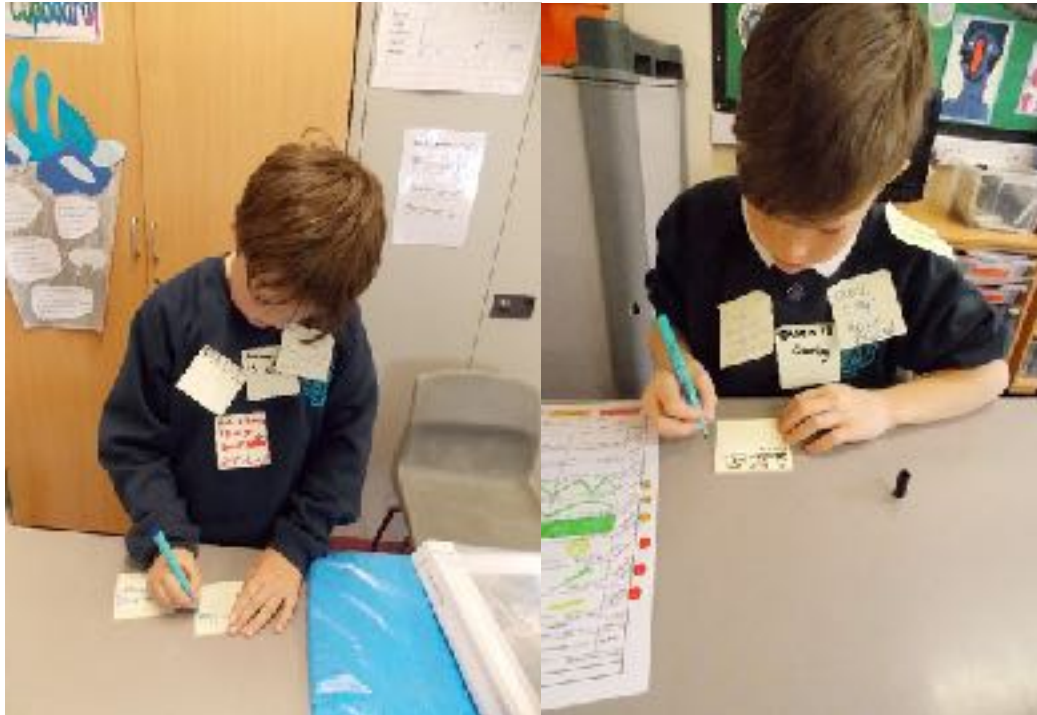


This is the kindness box from one of our classes. Children can write down their own kindness tokens for anyone they think deserves one and post it into the box. These are then shared with the rest of the class.



Just an example of one of our PSHE lessons where pupils wrote what they liked about each other and then wore them. We then discussed about how this made us feel. We then spread the kind words with the rest of the school, leaving notes for everyone!





Our children in need assembly, we had a PJ day and children made cakes to sell to raise awareness and money for the charity. We talked about children who are less fortunate and how the money we have raised can help them.



Graham from the NSPCC who has led on many workshops about being a good friend and anti-bullying. NSPCC also supports our parent coffee afternoons offering advice and support to parents about children being safe and acting kind towards others online, encouraging parents to monitor internet use.

Two local police officers who also support the work we do. They talk about how to behave in the local community and being a good friend to others.



**Pets as Therapy** – Pupils showing how they care for our pets. They know to use kind hands and kind voices.



One of our pupils reading to Betty, something she really enjoys as part of the read 2 dogs scheme.

One of our pupils learning how to bathe the tortoises being gentle, calm and using kind hands.